

# Calculus II - Day 14

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## Goals for today:

- Use Pythagorean and half-angle identities to integrate functions of the form:  
 $\int \sin^m(x) \cos^n(x) dx$ .
- Introduce the idea of a trigonometric substitution and use it to prove the area formula for a circle.

## Pythagorean Identities:

$$\sin^2(x) + \cos^2(x) = 1$$

$$1 + \cot^2(x) = \csc^2(x)$$

$$\tan^2(x) + 1 = \sec^2(x)$$

## Half-Angle Formulas:

$$\sin^2(x) = \frac{1 - \cos(2x)}{2}$$

$$\cos^2(x) = \frac{1 + \cos(2x)}{2}$$

**Easiest Case:**

$$\int \sin^m(x) \cos^n(x) dx \quad \text{where either } m = 1 \text{ or } n = 1$$

**Example:**  $\int \sin(2x) \cos^4(2x) dx$

Choose  $u = \cos(2x)$  and  $du = -2 \sin(2x) dx$ :

$$\begin{aligned}\int \sin(2x) \cos^4(2x) dx &= \int u^4 \left(-\frac{1}{2} du\right) = -\frac{1}{2} \int u^4 du \\ &= -\frac{1}{2} \cdot \frac{1}{5} u^5 + C = -\frac{1}{10} \cos^5(2x) + C\end{aligned}$$

If we had  $\int \sin^5(2x) \cos(2x) dx$ , we would choose  $u = \sin(2x)$  instead.

**Medium Case:**  $m, n > 1$  but (at least) one of them is odd.

Use the Pythagorean identity:

$$\begin{aligned}\sin^{2k+1}(x) &= \sin^{2k}(x) \cdot \sin(x) = (\sin^2(x))^k \sin(x) = (1 - \cos^2(x))^k \sin(x) \\ \cos^{2k+1}(x) &= \cos(x) \cdot (1 - \sin^2(x))^k\end{aligned}$$

**Example:**  $\int \sin^3(x) \cos^4(x) dx$

Pick the function with the even power to be  $u$ :

$$\begin{aligned}\sin^3(x) &= (1 - \cos^2(x)) \sin(x) \\ &= \int (1 - \cos^2(x)) \sin(x) \cos^4(x) dx\end{aligned}$$

Choose  $u = \cos(x)$ , so  $du = -\sin(x) dx$ :

$$\begin{aligned}&= \int (1 - u^2) u^4 (-du) = -\int (u^4 - u^6) du \\ &= \int (u^6 - u^4) du = \frac{1}{7} u^7 - \frac{1}{5} u^5 + C \\ &= \frac{1}{7} \cos^7(x) - \frac{1}{5} \cos^5(x) + C\end{aligned}$$

**Check:**

$$\begin{aligned}&\frac{d}{dx} \left( \frac{1}{7} \cos^7(x) - \frac{1}{5} \cos^5(x) + C \right) \\ &= \frac{1}{7} \cdot 7 \cos^6(x) \cdot (-\sin(x)) - \frac{1}{5} \cdot 5 \cos^4(x) \cdot (-\sin(x)) \\ &= -\cos^6(x) \sin(x) + \cos^4(x) \sin(x) \\ &= \sin(x) \cos^4(x) (-\cos^2(x) + 1) \\ &= \sin^3(x) \cos^4(x)\end{aligned}$$

**Example to Try:**

$$\int \cos^5(x) dx$$

Rewrite using the identity for odd powers:

$$\cos^5(x) = \cos^4(x) \cos(x) = (1 - \sin^2(x))^2 \cos(x)$$

Now, let  $u = \sin(x)$ , so  $du = \cos(x) dx$ :

$$\begin{aligned} &= \int (1 - u^2)^2 du \\ &= \int (1 - 2u^2 + u^4) du \\ &= \int 1 du - 2 \int u^2 du + \int u^4 du \end{aligned}$$

Integrate each term:

$$= u - \frac{2}{3}u^3 + \frac{1}{5}u^5 + C$$

Substitute  $u = \sin(x)$  back:

$$= \sin(x) - \frac{2}{3} \sin^3(x) + \frac{1}{5} \sin^5(x) + C$$

$$\int \cos^5(x) dx = \sin(x) - \frac{2}{3} \sin^3(x) + \frac{1}{5} \sin^5(x) + C$$

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**Hard case: even powers of both sine and cosine**

**Recall:**

$$\int \tan(x) dx = \ln |\sec(x)| + C, \quad \int \sec(x) dx = \ln |\sec(x) + \tan(x)| + C$$

Example:

$$\int \tan^3(x) \sec^4(x) dx$$

Using the identity

$$\begin{aligned} \tan^2(x) &= \sec^2(x) - 1 : \\ &= \int (\sec^2(x) - 1) \tan(x) \sec^4(x) dx \\ &= \int (\sec^2(x) - 1) \sec^3(x) \sec(x) \tan(x) dx \end{aligned}$$

Let  $u = \sec(x)$ , then  $du = \sec(x) \tan(x) dx$  :

$$\begin{aligned}
&= \int (u^2 - 1)u^3 du \\
&= \int (u^5 - u^3) du \\
&= \frac{1}{6}u^6 - \frac{1}{4}u^4 + C
\end{aligned}$$

Substitute back

$$\begin{aligned}
&u = \sec(x) : \\
&= \frac{1}{6} \sec^6(x) - \frac{1}{4} \sec^4(x) + C
\end{aligned}$$

Hard case:

$$\begin{aligned}
&\int_0^{\pi/2} \sin^2(x) dx \\
&\sin^2(x) = \frac{1 - \cos(2x)}{2} = \frac{1}{2} - \frac{\cos(2x)}{2} \\
&= \int_0^{\pi/2} \left( \frac{1}{2} - \frac{\cos(2x)}{2} \right) dx = \int_0^{\pi/2} \frac{1}{2} dx - \int_0^{\pi/2} \frac{\cos(2x)}{2} dx \\
&= \frac{\pi}{4} - \int_0^{\pi/2} \frac{\cos(2x)}{2} dx
\end{aligned}$$

$$\text{Let } u = 2x, \text{ then } du = 2 dx \Rightarrow dx = \frac{du}{2}$$

$$\begin{aligned}
&u(0) = 0, \quad u\left(\frac{\pi}{2}\right) = \pi \\
&= \frac{\pi}{4} - \int_0^{\pi} \frac{\cos(u)}{4} du \\
&= \frac{\pi}{4} - \frac{1}{4} \sin(u) \Big|_0^{\pi} \\
&= \frac{\pi}{4} - \frac{1}{4} (\sin(\pi) - \sin(0)) = \frac{\pi}{4} - \frac{1}{4} (0 - 0) = \frac{\pi}{4}
\end{aligned}$$

Harder case:

$$\begin{aligned}
&\int \sin^2(x) \cos^4(x) dx \\
&= \int \sin^2(x) (\cos^2(x))^2 dx \\
&= \int \left( \frac{1 - \cos(2x)}{2} \right) \left( \frac{1 + \cos(2x)}{2} \right)^2 dx \\
&= \frac{1}{8} \int (1 - \cos(2x))(1 + 2\cos(2x) + \cos^2(2x)) dx \\
&= \frac{1}{8} \int (1 + 2\cos(2x) + \cos^2(2x) - \cos(2x) - 2\cos^2(2x) - \cos^3(2x)) dx
\end{aligned}$$

$$\begin{aligned}
&= \frac{1}{8} \int (1 + \cos(2x) - \cos^2(2x) - \cos^2(2x)) dx \\
&= \frac{1}{8} \int dx + \frac{1}{8} \int \cos(2x) dx - \frac{1}{8} \int \cos^2(2x) dx - \frac{1}{8} \int \cos^3(2x) dx \\
&= \frac{1}{8}x + \frac{1}{16} \sin(2x) - \frac{1}{8} \int \frac{1 + \cos(4x)}{2} dx - \frac{1}{8} \int (1 - \sin^2(2x)) \cos(2x) dx \\
&\frac{1}{8}x + \frac{1}{16} \sin(2x) - \frac{1}{8} \int \frac{1 + \cos(4x)}{2} dx - \frac{1}{8} \int (1 - \sin^2(2x)) \cos(2x) dx \\
&\quad - \frac{1}{8} \int (1 - \sin^2(2x)) \cos(2x) dx
\end{aligned}$$

Let  $u = \sin(2x)$ , so  $du = 2 \cos(2x) dx \Rightarrow dx = \frac{du}{2 \cos(2x)}$

$$= -\frac{1}{8} \int (1 - u^2) \frac{1}{2} du$$

$$= \frac{1}{8}x + \frac{1}{16} \sin(2x) - \frac{1}{16}x - \frac{1}{64} \sin(4x) - \frac{1}{16}u + \frac{1}{48}u^3 + C$$

Substitute back  $u = \sin(2x)$  :

$$= \frac{1}{16}x + \frac{1}{16} \sin(2x) - \frac{1}{64} \sin(4x) - \frac{1}{16} \sin(2x) + \frac{1}{48} \sin^3(2x) + C$$

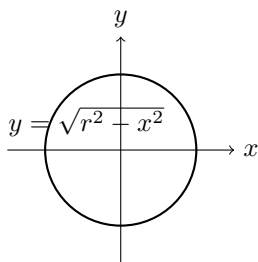
$$= \frac{1}{16}x - \frac{1}{64} \sin(4x) + \frac{1}{48} \sin^3(2x) + C$$

Integrals involving  $a^2 - x^2$ ,  $a^2 + x^2$ , or  $x^2 - a^2$

Example: A circle with radius  $r$  has the formula:

$$x^2 + y^2 = r^2$$

$$y = \pm \sqrt{r^2 - x^2}$$



$$\text{Area: } 2 \int_{-r}^r \sqrt{r^2 - x^2} dx$$

How do we integrate this? We make an "inverse substitution":

$$x = r \sin(\theta)$$

$$\frac{dx}{d\theta} = r \cos(\theta) \Rightarrow dx = r \cos(\theta) d\theta$$

When  $x = r$ , what is  $\theta$ ?

$$r = r \sin(\theta) \Rightarrow \sin(\theta) = 1 \Rightarrow \theta = \arcsin(1) = \frac{\pi}{2}$$

When  $x = -r$ , what is  $\theta$ ?

$$-r = r \sin(\theta) \Rightarrow \sin(\theta) = -1 \Rightarrow \theta = \arcsin(-1) = -\frac{\pi}{2}$$

$$\begin{aligned} 2 \int_{-r}^r \sqrt{r^2 - x^2} dx &= 2 \int_{-\pi/2}^{\pi/2} \sqrt{r^2 - r^2 \sin^2(\theta)} \cdot r \cos(\theta) d\theta \\ &= 2 \int_{-\pi/2}^{\pi/2} r \cos(\theta) \cdot r \cos(\theta) d\theta = 2r^2 \int_{-\pi/2}^{\pi/2} \cos^2(\theta) d\theta \\ &= 2r^2 \int_{-\pi/2}^{\pi/2} \frac{1 + \cos(2\theta)}{2} d\theta \\ &= 2r^2 \left( \frac{1}{2}\theta + \frac{\sin(2\theta)}{4} \right) \Big|_{-\pi/2}^{\pi/2} \\ &= 2r^2 \cdot \frac{1}{2} \cdot \pi = \pi r^2 \end{aligned}$$